



**THE RIGHT STEP, INC.**  
THE HEALING POWER OF HORSES  
A PATH Intl. Premier Therapeutic Riding Program

Date: \_\_\_\_\_

Dear Healthcare Provider:

Your patient: \_\_\_\_\_ is interested in participating in therapeutic horseback riding.

In order for us to safely provide this activity, our program requests that you complete the attached Medical History and Physician's Statement. Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether any of these conditions are present, and to what degree.

**Orthopedic**

Atlantoaxial Instability-include neurologic symptoms  
Coxarthrosis  
Cranial Defects  
Heterotopic Ossification/Myositis Ossificans  
Joint subluxation/dislocation  
Osteoporosis  
Pathologic Fractures  
Spinal Joint Fusion/Fixation  
Spinal Joint Instability/Abnormalities

**Neurologic**

Hydrocephalus/Shunt  
Seizure  
Spina Bifida/Chiari II Malformation Tethered Coed/Hydromyelia

**Other**

Age-under 4 years  
Indwelling Catheters/Medical Equipment  
Medications-e.g. Photosensitivity  
Poor Endurance  
Pregnancy  
Skin Breakdowns

**Medical/Psychological**

Allergies  
Animal Abuse  
Cardiac Condition  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to Self or Others  
Exacerbations of Medical Conditions  
Fire Settings  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorders

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in therapeutic horseback riding, please contact me.

Sincerely,

Emily Stibbards  
Program Director

9/10/19