

Date:	
Dear Health Care Provider:	
Your patient:	is interested in participating in
therapeutic horseback riding.	

In order to safely provide this activity, our program requests that you complete the attached Medical History and Physician's Statement. Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether any of these conditions are present, and to what degree.

## Orthopedic

Atlantoaxial Instability-include neurologic symptoms Coxarthrosis **Cranial Defects** Heterotopic Ossification/Myositis Ossificans Joint subluxation/dislocation Osteoporosis Pathologic Fractures Spinal Joint Fusion/Fixation Spinal Joint Instability/Abnormalities

## **Neurologic**

Hydrocephalus/Shunt Seizure Spina Bifida/Chiari II Malformation Tethered Coed/Hydromyelia

## Other

Age-under 4 years Indwelling Catheters/Medical Equipment Medications-e.g. Photosensitivity Poor Endurance Pregnancy Skin Breakdowns

## Medical/Psychological

Allergies Animal Abuse Cardiac Condition Physical/Sexual/Emotional Abuse **Blood Pressure Control** Dangerous to Self or Others **Exacerbations of Medical Conditions** Fire Settings Hemophilia Medical Instability Migraines PVD Respiratory Compromise Recent Surgeries Substance Abuse **Thought Control Disorders** 

Weight Control Disorders

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in therapeutic horseback riding, please contact me.

Sincerely,

Janice Anglim **Program Director** 

9/10/18